



## One Year into the COVID-19 Crisis: Mental Health, Burnout, Trauma and Resilience

Guest Editors:

**Prof. Dr. Fabienne Glowacz**

1. Department of Psychology,  
Université de Liège, 4000 Liège,  
Belgium

2. ARCh Research Unit  
(Adaptation, Resilience and  
Change), 4000 Liège, Belgium

fabienne.glowacz@uliege.be

**Prof. Dr. Isabelle Hansez**

1. Department of Psychology,  
Université de Liège, 4000 Liège,  
Belgium

2. ARCh Research Unit  
(Adaptation, Resilience and  
Change), 4000 Liège, Belgium

ihansez@uliege.be

**Prof. Dr. Adélaïde Blavier**

1. Department of Psychology,  
Université de Liège, 4000 Liège,  
Belgium

2. ARCh Research Unit  
(Adaptation, Resilience and  
Change), 4000 Liège, Belgium

Adelaide.Blavier@uliege.be

### Message from the Guest Editors

The COVID-19 pandemic crisis began in March 2020 with strict containment measures imposed in most countries to contain the spread of the virus. Recent studies have highlighted the deleterious effects of the first waves of COVID-19 on the mental health and well-being of the general population. More than a year has passed since the onset of the crisis, and psychological distress and emotional exhaustion among people of all ages are on the rise. Educational institutions, outpatient psychological and social care services, and residential services such as prisons and youth welfare institutions have been operating for more than a year under the pressure of the crisis and the associated health measures. In the face of the adversity of this long and unprecedented health crisis, people and institutions have had to "cope" and develop strategies to survive.

[...]

For further reading, please follow the link to the Special Issue Website at:

[https://www.mdpi.com/journal/ijerph/special\\_issues/  
one\\_year\\_COVID19](https://www.mdpi.com/journal/ijerph/special_issues/one_year_COVID19)

Deadline for manuscript  
submissions:



[mdpi.com/si/89810](https://www.mdpi.com/si/89810)



# International Journal of *Environmental Research and Public Health*



an Open Access Journal by MDPI

## Editor-in-Chief

### **Prof. Dr. Paul B. Tchounwou**

Department of Biology, College of Science, Engineering and Technology, Jackson State University, 1400 Lynch Street, Box 18750, Jackson, MS 39217, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:**— free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE and SSCI (Web of Science), PubMed, MEDLINE, PMC, GEOBASE, Embase, CAPlus / SciFinder, and many other databases.

**Journal Rank:** JCR - Q1 (*Public, Environmental & Occupational Health*) / 2020 CiteScore - Q2 (*Public Health, Environmental and Occupational Health*)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health*

MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
Fax: +41 61 302 89 18  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
@IJERPH\_MDPI